



FCX South



U-15 through U-18 Girls Players Fall 2009 - Indoor 2010

The FCX mission is to provide a professional training environment where players can work toward their full potential. This is accomplished through training from our highly qualified staff and playing competitive matches against the top teams in the state, region and nation. We value the development of the player in both soccer and social aspects of life. All players must be committed to attending training and games, as well as developing skills on their own.

The FCX South Black teams will compete in the IWSL League, which has games generally on Sundays.

Players will be placed on teams based on their technical, tactical, mental and physical soccer abilities and will be assessed by the FCX Coaching staff during the tryout procedure.

FCX Black U-15 through U-18 Girls

- Four hours of training per week (Starting early August -November)
 - 10- Hour Pre-season Camp the first week of August
 - 3 Fall Tournaments (NSR Cup Michigan, FC Metro, Palatine Celtic Cup)
 - IWSL League Games (All games covered by Staff Coach)
 - Indoor training 2 hours a week for 14 weeks (Max McCook indoor center)
 - Indoor League will be November-February (Max McCook indoor center)
 - College Placement Assistance Program (U-16 thru U-19)
 - Open Practices (for make-up sessions or extra work)
 - Opportunities to participate in combined FCX North & South Combined events.
- **Total cost for the program above is \$1,550.00 per player + uniform (see below)**
- **Uniform is an additional cost of \$225.00 for ALL players
(Includes 2 jerseys, shorts, socks, warm-ups) (Backpack optional \$45.00)**

• **Please register for tryouts by setting up a
Family Account at the FCX website!**

www.fcxsoccer.net

• **If you have any questions please contact:
Chris Beal, FCX South Director of Coaching**

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